

Lottie's Links

As we begin a new year, most of us think about starting or stopping something that has been either a dream or a deterrent. Whether we pursue the change or not is another thing, but it is nice to dream, isn't it? Some of us are fortunate to really make those dreams come true. So, for my article this time, I decided to give us some fuel to pursue those dreams or remove those deterrents. Here are 10 inspirational quotes that just might help us get to where we want to be...no matter how old we are!!!

Nora Roberts

If you don't go after what you want, you'll never have it. If you don't ask, the answer is always no. If you don't step forward, you're always in the same place.

Dr. Martin Luther King Jr.

Take the first step in faith. You don't have to see the whole staircase, just take the first step.

Mark Twain

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.

T. S. Elliot

Only those who will risk going too far can possibly find out how far one can go.

continued

Quarterly Meeting — Saturday, January 23, 2010— 10:00 a.m.

University Congregational Church

9209 E. 21st.

Come to our January meeting and hear about our World Friendship Day activities and how you can share in the celebration. The Quarterly Meeting will begin at 10:00 a.m. We will have a Potluck lunch and we ask for salads, sandwiches and desserts. For those planning to bring sandwiches, please bring 6 half sandwiches each individually wrapped and labeled. Salads and desserts should be able to serve at least 8 people. Please label any item that contains nuts so those with allergies can avoid any unnecessary reactions.

Calendar of Events

January:

- 1: Beverly's Annual New Year's Party
- 2: p.m. –5 p.m.
- 23: Quarterly Meeting
10:00 a.m.
University CC

February:

- 5&6: SW Regional in McAllen, TX

March:

- 1: World Friendship Day
- 11: Board Mtg Watermarks
10:00 a.m.
- 12-18: Lincoln, NE Hosts Sandhill Crane Exchange

April:

- 24: Quarterly Mtg.
10:00 a.m.
Gloria Dei

Officers

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Lottie's Links, continued

Stephen Covey

Begin with the end in mind.

Ambrose Redmoon

Courage is not the absence of fear, but rather the judgment that something else is more important than fear.

Dale Carnegie

Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all.

Jesse Jackson

We've removed the ceiling above our dreams. There are no more impossible dreams.

Helen Keller

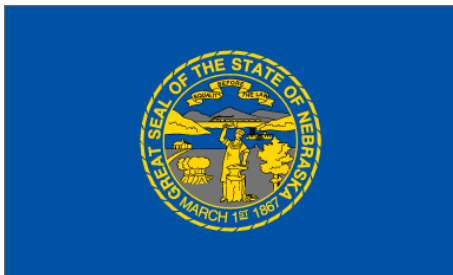
One can never consent to creep when one feels an impulse to soar.

Henry David Thoreau

If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them.

*Thanks for allowing me to serve as your president this year. I look forward to another year and pray that we have a great year pursuing our collective goal to **Explore, Understand, and Serve.***

Lottie Miller



Lincoln, Nebraska Friendship Force Sandhill Crane Exchange

We will have an exchange with the Lincoln, Neb., Friendship Force club March 12-18, 2010. Eleven members have signed up to go, and there are spaces for 13, so if anyone is still interested, Sherri Lichtenberger, 729-7028, needs your application and fees immediately. The main activity for this exchange will be traveling to Kearney, Nebraska, to spend two days to view the Sandhill Crane migration. We will be traveling to Lincoln by private cars on March 12. The beginning weekend will be spent getting to know our hosts, through home stays, touring sites in Lincoln, and sharing in activities planned by the Lincoln club. Then on Monday the 15th, we will depart by motor coach to the central Platte River valley, stopping at Johnny Carson's boyhood home, and the Ashfall Fossil Beds State Historical Park along our way.. We will stay at the Switzer Ranch, a fourth-generation cattle operation located in the Nebraska Sandhills. On Tuesday, March 16, we will visit the booming grounds of the prairie chickens and observe mating practices (optional, depending on if the prairie chickens are at the Leks yet), then on to see the Sandhills cranes in the Platte River Valley at the Rowe Sanctuary near Kearney. There will be two viewing times, one at night, and the other the next morning. We'll stay at a motel in Kearney on Tuesday night. On our way back to Lincoln, we'll stop at the Museum of Nebraska Art, a cattle auction, and the Great Platte River Road Archway Monument. We will return to Lincoln to stay the night in our host's homes and then have a farewell breakfast Thursday morning before returning to Wichita. The exchange includes four nights of home stays and a three-day bus trip. It is shaping up to be a great trip.

Sherri Lichtenberger, Exchange Director

Deadlines

Membership dues for 2010 are due now! Send your payment of \$28.00/single or \$35.00/family to Judi Krob, 1134 W. 34th Ct N., 67204. We have had nine new members so far in 2009, and we need more! We also need all our current members to renew their memberships to keep this a vital organization. Don't forget to invite anyone you think may be interested to our quarterly meeting on Jan. 23.

Speaking of deadlines, recently we have had activities where deadlines for signing up were set, but members, for a variety of reasons, were unable to meet the deadlines for turning in reservations and/or meet payment requirements. Due to concerns we have had with vendors, we find we will not be able to accommodate wishes after those deadlines. Also, if you need to cancel and it is met within the designated time frame, we will provide a reimbursement. Once the deadline is past, reimbursement will not be possible as many vendors request prepayment by set deadline dates

Recent News

Forty four FFK members came out on a cold night to share in the fun at the Annual Christmas Party at Rolling Hills CC. We listened for familiar Christmas songs in groups of threes, played by Anne Allen, sang carols, answered "Christmas Trivia" questions, earning gold edible coins for correct answers, and enjoyed a good meal and table conversation. Our FFK group reported a total of \$2500 extra dollars given to charities this year by FFK members in the name of Friendship Force instead of the traditional gift exchange among members.

Thelma Harlan Bell reported that Evelyn Fretz was recently in the hospital for several days, but has returned home. We wish her a speedy recovery.

Ronda Holmes has sent in the order for the new name tags for those who ordered new ones and for FFK shirts and we expect to have the new nametags and shirts to hand out at the January 23rd meeting.

Future Events

Beverly Gochis invites all members to join in the fun at her **Annual New Year's Day Open House**. It will be held from 2 p.m. to 5 p.m. at her home at 1329 N. Edgemoor. If you have any special treats to share, bring them and come and spend a casual comfortable time with your Friendship Force friends.

Plans are in the works for an auction as part of our **World Friendship Day** activities. We ask our members to consider donating items they brought back from one of their exchanges for the auction. Money raised from the auction will go towards the Legacy Fund which is used to develop new clubs around the world. Lynn Harrington and Ronda Holmes are currently working on the plans and will have more information at our quarterly meeting.

The 2009 FFK BOARD

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Publicity Chair : Nan Duncan 722-2556 nanduncan@cox.net

Thank You

Victoria Jackson and **Joann Keiter**
for coordinating the Christmas Party
Dinner at Rolling Hills Country
Club

Lynn Harrington for arranging the
musical entertainment

Marion Renner and **Marie Riggs**

for creating the clever
Christmas Trivia contest.



friendship force
KANSAS

**FRIENDSHIP FORCE
OF KANSAS, INC.
2331 N. Lakeway Ct.
Wichita, KS 67205**

A World of Friends

Is A

World of Peace

WEBSITE:

WWW.FRIENDSHIPFORCEOFKANSAS.ORG

Next Quarterly Meeting:

University Congregational Church

9209 E. 21st Street North

January 23, 2010 @ 10:00 a.m.

Explore Understand Serve

These three words represent what Friendship Force of Kansas and FFI are all about. Join us at our next meeting and hear about ways we continue to **Explore** our world, **Understand** different cultures and **Serve** others with an attitude of gratitude for all we can do to help make our world a world of peace.

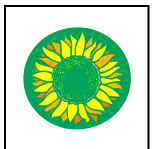
If you **are not** yet a member, join today. . If you **are** a member, pay your dues now for 2010. They are due January 23, 2010.

HAPPY NEW YEAR



friendship force
KANSAS

FFK Membership Application



Name/s: _____

Address: _____

City: _____ State _____ Zip _____

Email Address: _____

(Newsletter will be on-line for those with email)

Phone number: () _____ - _____

Single (\$28) _____ Family: (\$35) _____

**Cut out this form and mail Check made out to The Friendship Force of Kansas, Inc.
to:**

Judi Krob

1142 W. 34th Ct. N.

Wichita, Kansas 67204